

JAMESTOWN COMMUNITY COLLEGE

State University of New York

INSTITUTIONAL COURSE SYLLABUS

Course Title: Fundamentals of Supportive Care

Course Abbreviation and Number: COH 1400

Credit Hours: 3

Course Type: Lecture

Course Description: Students will learn the fundamental skills involved in being a Direct Support Professional, including helping clients with their physical, social, and daily living needs, medication management, and therapies as appropriate, while completing at least 90 internship hours. Additionally, students will learn and practice assessment, planning, and communication skills. Students will also be introduced to professional ethical standards such as client confidentiality and cultural competency. Finally, the student will create a professional portfolio revolving around National Alliance of Direct Support Professionals (DSP-1) standards and earn the DSP-1 Certificate.

Eligibility: ENG 1510 without supports or Corequisite: ENG 1510 with supports.

Student Learning Outcomes:

Students who demonstrate understanding can:

1. Students will demonstrate the value of assessment and how to assess client abilities, challenges, needs and resources.
2. Students will demonstrate the value of administering medications, treatments, and plans as appropriate.
3. Students will demonstrate the value of effective communication and record keeping.
4. Students will demonstrate knowledge of the ethics of the profession, including client confidentiality, reporting, and cultural competence.

Topics Covered:

- Person-centered supports
- Self-determining life skills
- Effective communication strategies and skills
- Formal and informal assessment practices
- Promoting health and wellness
- Medication math and treatment delivery
- Collaborations and advocacy
- Planning and goal setting
- Recognition of individual strengths and capabilities
- Recognition of relevant and current trends in training education and professional development
- Identification of diverse challenges facing participants
- Diverse professional teams
- Ethics
- Effective documentation

Information for Students

- Expectations of Students
 - [Civility Statement](#)
 - [Student Responsibility Statement](#)
 - [Academic Integrity Statement](#)
- [Accessibility Services](#)

Students who require accommodation to complete the requirements and expectations of this course because of a disability must make their accommodation requests to the Accessibility Services Coordinator.
- [Get Help: JCC & Community Resources](#)
- [Emergency Closing Procedures](#)
- Course grade is determined by the instructor based on a combination of factors, including but not limited to, homework, quizzes, exams, projects, and participation. Final course grade can be translated into a grade point value according to the following:

A=4.0	B+=3.5	B=3	C+=2.5	C=2	D+=1.5	D=1	F=0
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- Veterans and active-duty military personnel with special circumstances (e.g., upcoming deployments, drill requirements, VA appointments) are welcome and encouraged to communicate these to the instructor.

Effective Date: Spring 2026